

IPDAS Patient Decision Aid Checklist for Users

I. Content: Does the patient decision aid ...

Provide information about options in sufficient detail for decision making?

- describe the health condition 2.1
- list the options 2.2
- list the option of doing nothing 2.3
- describe the natural course without options 2.4
- describe procedures 2.5
- describe positive features [benefits] 2.6
- describe negative features of options [harms / side effects / disadvantages] 2.7
- include chances of positive / negative outcomes 2.8

Additional items for tests

- describe what test is designed to measure 2.9
- include chances of true positive, true negative, false positive, false negative test results 2.10
- describe possible next steps based on test result 2.11
- include chances the disease is found with / without screening 2.12
- describe detection / treatment that would never have caused problems if one was not screened 2.13

Present probabilities of outcomes in an unbiased and understandable way?

- use event rates specifying the population and time period 3.1
- compare outcome probabilities using the same denominator, time period, scale 3.2, 3.3, 3.6
- describe uncertainty around probabilities 3.4
- use visual diagrams 3.5
- use multiple methods to view probabilities [words, numbers, diagrams] 3.7
- allows the patient to select a way of viewing probabilities [words, numbers, diagrams] 3.8
- allow patient to view probabilities based on their own situation [e.g. age] 3.9
- place probabilities in context of other events 3.10
- use both positive and negative frames [e.g. showing both survival and death rates] 3.13

Include methods for clarifying and expressing patients' values?

- describe the procedures and outcomes to help patients imagine what it is like to experience their physical, emotional, social effects 4.1
- ask patients to consider which positive and negative features matter most 4.2
- suggest ways for patients to share what matters most with others 4.3

Include structured guidance in deliberation and communication?

- provide steps to make a decision 6.1
- suggest ways to talk about the decision with a health professional 6.2
- include tools [worksheet, question list] to discuss options with others 6.3

Fig. 3.1 IPDAS patient decision aid checklist. Permission from Anton Saarimaki, OHRI